



A Summary Checklist of Evidence-Based Drug Court Treatment Practices

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This checklist is designed to assist in reviewing drug court programs' treatment services to determine whether they reflect the use of evidence-based treatment practices. The checklist should be used in conjunction with a companion document entitled "Drug Court Treatment Services: Applying Research Findings to Practice - Issues Commentary and Resource Brief".

- ___ (1) Are participants placed in treatment immediately following eligibility screening?
- ___ (2) Does the drug court program use standardized screening instruments that have been validated for use with offenders?
- ___ (3) Does the drug court program use a standardized psychosocial assessment instrument that has been validated for use with offenders?
- ___ (4) Does the program assess all participants for mental disorders and history of trauma/PTSD?
- ___ (5) Does the program provide a risk assessment for all participants?
- ___ (5a) (If responded yes to item #5): Are your drug court participants assessed to be at "high risk"?
- ___ (6) Is the duration of substance abuse treatment at least 6 months and no more than 18 months?
- ___ (7) Does drug court treatment include the following elements of cognitive-behavioral and social learning models?
 - ___ Cognitive restructuring
 - ___ 'Criminal thinking'
 - ___ Problem-solving
 - ___ Self-control/self-management strategies
 - ___ Skill-building
- ___ (8) Does the drug court program focus on the following criminogenic needs, in addition to substance abuse?
 - ___ Antisocial attitudes/personality

- Antisocial peers
- Family/marital problems
- Education
- Employment
- Prosocial leisure activities

___ (9) Does the drug court program use any of the following evidence-based treatment interventions?

- Contingency management
- Medication-assisted treatment
- Motivational enhancement therapy
- Relapse prevention

___ (10) Are specialized treatment approaches used to address the following?

- Co-occurring mental disorders
- History of trauma/PTSD
- Gender-specific issues
- Juveniles/young adults

___ (11) Are manualized curricula used to guide drug court treatment?

___ (12) Is there a focus on outpatient treatment, with residential treatment reserved for those who have experienced multiple relapses or who are at risk for harm to self or others?

___ (13) Are there aftercare services in place?